

Organizational Process

- 1 Connect to Mission
- 3 Identify Goals
- 5 Integrity in Moment

- 2 Review Roles
- 4 Organize Weekly
- 6 Evaluate

Roles

GOALS

1	Physical	1	
2	Spiritual	2	
3	Mental	3	
4	Social/Emotional	4	

5		5	
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32		32	

Mission Statement:

	Date	Urgent		Not Urgent	
		I (3-4hr/day) 16%	II (10-13hr/day) 54%	III (2.5hr/day) 10%	IV (>10min/day) 0%
	Date	Date		Date	
REMINDERS	MONDAY	TUESDAY	WEDNESDAY		
33	4				
34	5				
35	6				
36	7				
37	8				
38	9				
39	10				
40	11				
41	12				
42	1				
43	2				
44	3				
45	4				
46	5				
47	6				
48	7				
49	8				
50	9				
51	10				
52	11				
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71					
72					

Breakfast	Breakfast	Breakfast
Vitamins/Medicine	Vitamins/Medicine	Vitamins/Medicine
▼	▼	▼
▼	▼	▼
Snack	Snack	Snack
▼	▼	▼
▼	▼	▼
Lunch	Lunch	Lunch
▼	▼	▼
▼	▼	▼
Snack	Snack	Snack
▼	▼	▼
▼	▼	▼
Dinner	Dinner	Dinner
▼	▼	▼
▼	▼	▼
Snack	Snack	Snack
▼	▼	▼
▼	▼	▼
Total	Total	Total

Sharpen Saw
Role #1
Role #2
Role #3
Role #4
Role #5
Role #6
Role #7
ROLES DERIVE FROM MISSION STATEMENT

